

(name of org) is an adolescent health program that utilizes tennis as a conduit to provide underserved communities with the necessary resources to battle their most pressing health challenges, live healthier, more abundant lives, and become future leaders within their communities.

The battle for adolescents' safety and physical and mental health has shifted dramatically over the past twenty years. While the fight against vaccine-preventable diseases, maternal and infant health, and tobacco have made markable strides, the United States has seen a steady rise in mental illness, obesity, and a dramatic increase in vape and e-cigarette usage among our youth. Suicide is still a leading killer of adolescents, while heart disease continues to claim the most lives of adult Americans every year. There is a remarkable opportunity to advance the United States' health by fostering healthy practices in adolescents to better advocate for and protect young people from current and future health risks.